



Adam J. Rodríguez, Psy.D.
1020 SW Taylor Street, Suite 650 • Portland, OR 97205
6124 SE Milwaukie Ave. Suite A • Portland, OR 97202
(503) 308-9770

PATIENT BILL OF RIGHTS

You have the right to:

- Request and receive information about the psychologist's professional capabilities, including licensure, education, training, experience, professional association membership, specialization, and limitations.
- Verify the status of psychologist's license with the state licensing board and receive information about any license discipline. You can do this on the Board's website:
 - Oregon: <http://www.oregon.gov/OBPE/pages/index.aspx>. Click on "Licensee Lookup."
 - California: www.psychboard.gov. Click on "License Verification."
- Have a discussion with the psychologist about fees, billing arrangements, and the nature and anticipated course of sessions, and ask questions at any time about your therapy including questions about your progress.
- Keep what you tell the psychologist private. Generally, no one will learn of your conversations without your written permission. Exceptions are discussed in Limits of Confidentiality and in my Notice of Privacy Practices.
- Receive a verbal or written treatment plan. Get respectful treatment that will be helpful to you, and be provided a safe environment, free from sexual, physical or emotional abuse, while you are in the psychologist's care. Expect that your psychologist should not involve you in any social or business relationship that conflicts with your treatment relationship.
- Ask questions about your therapy or psychological assessment.
- Refuse to answer any question or disclose any information you choose not to reveal.
- Request that the psychologist inform you of your progress.
- Know if there are supervisors, consultants, students, registered psychological assistants or others with whom your psychologist will discuss your case.
- Refuse a particular type of treatment or end treatment at any time without obligation or harassment.
- Request and (in most cases) receive a summary of your records, including the diagnosis, treatment plan, your progress, and type of treatment.
- Report unprofessional behavior by a psychologist to the Oregon Board of Psychologist Examiners, California Board of Psychology or the Ethics Board of the American Psychological Association.
- Receive a second opinion at any time about your therapy or about your psychologist's methods.
- Receive referral names, addresses and telephone numbers in the event that your therapy needs to be transferred to someone else and to request that a copy or a summary of your records be sent to any therapist or agency you choose.
- Decide not to enter therapy with me. If you wish, the psychologist will provide you with the names of other good therapists.